



LOWELL, NASHUA & CHELMSFORD  
ORAL SURGERY ASSOCIATES

## **PRE-OPERATIVE INSTRUCTIONS FOR NITROUS OXIDE**

### **For patients under 14 years old:**

Patient can eat solids until six (6) hours before the procedure.

Patient should not have anything by mouth starting four (4) hours prior to the procedure.

### **For patients 14 years old and older:**

There are no restrictions; however, heavy meals should be avoided.

Patients older than 18 years old are not required to have an adult accompany them to our office.

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